

	Sun 9/5	Mon 9/6	Tue 9/7	Wed 9/8	Thu 9/9	Fri 9/10	Sat 9/11
8am				Restorative/Beginner Tai Chi/Chi Kung with Miriam		Beginner Tai Chi/Chi Kung with John	
9am					OUTDOORS: Restorative/Beginner Tai Chi/Chi Kung (and		Tai Chi Chuan Foundations (and Tea) <a href="https://us02web.zoom.us/j/5225730006?pwd=RVNqVHAwNDI0THBuWVI2ZHFVRUg">https://us02web.zoom.us/j/5225730006?pwd=RVNqVHAwNDI0THBuWVI2ZHFVRUg</a>
10am		Intermediate Tai Chi/Chi Kung with John					
11am		Restorative/Beginner Tai Chi/Chi Kung with John					
12pm							
1pm					Restorative/Beginner Tai Chi/Chi Kung with Peter		
2pm							
3pm							
4pm			OUTDOORS: Tuesday 4 PM Beginner II Tai				
5pm		OUTDOORS: Advanced Tai Chi/Chi Kung <a href="https://us02web.zoom.us/j/87469912764?pwd=RVNqVHAwNDI0THBuWVI2ZHFVRUg">https://us02web.zoom.us/j/87469912764?pwd=RVNqVHAwNDI0THBuWVI2ZHFVRUg</a> 5pm - 6:30pm				OUTDOORS: Intermediate Tai Chi with Margaret In good weather, this	
6pm			OUTDOORS: Intermediate Tai Chi Chuan (Patrick)	OUTDOORS: Beginner Tai Chi Chuan with Patrick			
7pm							